



Laguna

WELLNESS DAY SPA



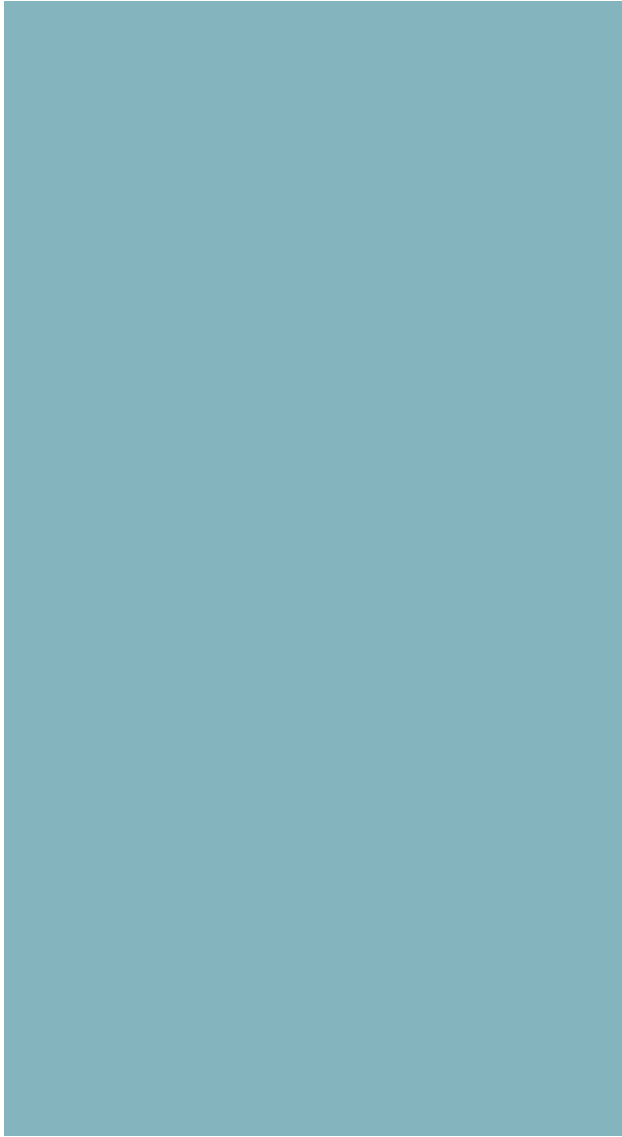
SPA & Wellness
on Lake Garda in Lazise





Laguna

WATER IS A
PURE SOURCE
OF ENERGY...





THE MIND AND THE BODY CAN REDISCOVER THE CORRECT BALANCE

Laguna Wellness Spa is a place of total well-being, where you become aware of your own essence and feelings.

The Beauty Center technical staff will create the synergy between physical condition and the soul pleasure.





LAGUNA ENTRANCE

LAGUNA BASIS

€ 80,00

1 Entrance Laguna

1 Customised localised body
massage 25 min

LAGUNA DAY SPA SPECIAL

FOR A SILKY SKIN

€ 200,00

Entrance Laguna

Thermal Body Scrub 25 min

Body wrap and massage 60 min

Customized facial treatment 50 min

WELLNESS AND RELAXATION

€ 140,00*

Entrance Laguna

Hot oil body massage +
cranial massage 85 min

* These prices are already discounted





FACIAL RITUALS

FACIAL CUSTOMIZED CLEANSING € 90,00

VITAMIN C FORMULA € 100,00

A based treatment of vitamin C 50 min

HISIRIS € 100,00

Special treatment for cutaneous hypersensitivity 50 min





WRINKLE-ANTIAGING FORMULA € 120,00

Treatment for filling fine lines with vitamin C and hyaluronic acid 50 min

HISTOMER HLS € 100,00

Indicated treatment against menopause effects 50 min

FACIAL TREATMENT € 120,00

A coating of caviar and collagen. The perfect anti-aging treatment for all skin types 50 min

“MILLE” TREATMENT OF MARIA GALLAND € 150,00

The heyday for the skin 90 min

HOMME ELIXIR € 90,00

An anti-aging treatment based on marine plankton, retinol and vitamin F. Specifically designed for men. 50 min

BODY & SILHOUETTE PACKETS

SAVONAGE € 90,00

For a skin with silk effect. A deep clean with a special glove and black soap with rose scent. 30 min
Followed by a relaxing massage. 30 min

BODY TREATMENT EXFOLIANT € 55,00

- 45 min

BODY SCRUB + PACK € 90,00

Geo Thalasso Body Scrub + moisturizing and nutritious pack 50 min

BANDAGE + MASSAGE € 80,00

Geo Thermal cell bandage + 40 min
legs massage 25 min





DRAINING TREATMENT

€ 150,00

A deep treatment that promotes lymphatic flow in our body, bringing a number of benefits that occur at different levels on cellulite and adipose tissue, with the application of specific products.

80 min

FIRMING TREATMENT

€ 150,00

Treatment deep and smoothing, moisturizing, toning and revitalizing for firming the skin with the application of products.

80 min

ANTI-CELLULITE TREATMENT

€ 150,00

The tailor-made solution against fat and cellulite. Hyper-draining and fat-burning treatment.

80 min

INTENSIVE DRAINING TREATMENT

€ 150,00

Treatment with Dead Sea mud to combat imperfections due to water retention.

80 min





RASUL AND ITS EMOTION

HAMMAN FOR COUPLES

€ 300,00

Massage application of mud and salts. Laying in the Rasul cabin. 45 min

Followed by a couple's massage. 50 min

HAMMAM FOR ONE PERSON

€ 150,00

Treatment for 1 person 45 min

Cleansing with silk gloves and black soap typical of the Orient inside the Rasul cabin.

Followed by a rose-scented body massage. 50 min









THE BATH ... IN THE PAST

The bath has always been synonym for wellbeing and relaxation.

Perfumes, essences and other beneficial substances were put into the bath water to exploit and enjoy their healing action for body and soul.

An ancient cult characterized through the centuries by awesome female figures such as Cleopatra in ancient Egypt, Poppea at the Nero's time and, more recently, the Princess Sissi.

A massage with scented oils and precious balms followed the bathing. Bath and massage became a real and proper ritual for cleaning and beauty.





THE BATH ... NOWADAYS

In modern times this ancient cult has turned into the form of an indispensable Wellness & Beauty Ritual. An embracing and relaxing moment to dedicate himself, alone or in couple, with perfumed essences and Dead Sea Salts. A panacea for senses and mind.

The bath can be taken before or after a massage or in combination with several treatments.

Our operators will be glad to suggest the rituals which can suit your requirements best.

RITUAL FOR COUPLES DELUXE "A DREAM FOR 2"

A dedicated double cabin, a refined ambience, soft lights and relaxing music notes... the time slows down and offers you an unique emotional experience, pervaded by fragrances which awakes your senses, calms the mind and exalts the spirit.





A DREAM FOR 2 DELUXE

€ 300,00

Savonage 30 min

For a skin with silk effect. A deep clean with a special glove and black soap with rose scent.

Whirlpoolbath 25 min

With essential oils, a Dream for Two...

Aroma massage 50 min

Relax for body and mind.
A pleasant stress-releasing massage with essential oils and warm oil.

A DREAM FOR 2 SENSATION

€ 200,00

Aroma massage 50 min

Relax for body and mind.
A pleasant stress-releasing massage with essential oils and warm oil.

Whirlpoolbath 25 min

With essential oils, a Dream for Two...

MASSAGES FOR THE BODY, RELAXATION FOR THE MIND

MASSAGE ALMA RELAX

€ 90,00

An extremely relaxing massage.

It uses an olive oil rich in polyphenols
and the relaxing aromas of the
Mediterranean maquis.

50 min

DECONTRACTING MASSAGE

€ 90,00

Energic massage to release
muscle tension, using olive oil rich
in polyphenols and reactivating
essences from the Mediterranean
maquis.

50 min

AROMA MASSAGE

€ 90,00

With essential oils.

50 min





MASSAGE REFLEXOLOGY

€ 40,00

Stimulation of the foot through which beneficial effects are transmitted throughout the body.

25 min

PLANTAR MASSAGE WITH PARAFFIN

€ 85,00

Feet are put into warm paraffin which makes the foot sole soft and at the same time reactivates the blood circulation. The massage technique stimulates the function of the vital organs corresponding to the stressed points.

25 min

Paraffin

+ 25 min
Massage

LOCALIZED MASSAGE

€ 40,00

Short focused and personalized massage. You can choose the main area to be treated.

25 min

LOCALIZED BACK MASSAGE

€ 55,00

Intense Hot-Stone-Massage

25 min

MASSAGES FOR THE BODY, RELAXATION FOR THE MIND

SPORTS MASSAGE

€ 90,00

Revitalising massage for tired muscles.

50 min

SHEA BUTTER

€ 90,00

Shea butter candle massage. An enveloping and nourishing massage for the skin.

50 min





HOT-STONE

€ 120,00

Massage hot-stone

50 min

HOT STONE

€ 90,00

Hot-stone massage with Himalayan salt stones.

50 min

CRANIAL

€ 40,00

Massage

25 min

FACIAL

€ 40,00

Massage

25 min

HANDS AND FEET RITUALS

[BASIC] BEAUTY MANICURE € 35,00

Beauty treatment for nails, including styling, cutting and cleaning. 50 min

Supplement for an application of nail polish. + € 5,00

[BASIC] BEAUTY PEDICURE € 40,00

Beauty treatment for the feet nails including styling, cutting and cleaning. 50 min

Supplement for an application of nail polish. + € 5,00

[DELUXE] BEAUTY MANICURE WITH PEELING AND PACK € 45,00

Complete beauty treatment for hands and nails including styling, cutting, cleaning, peeling, nourishing mask and massage. 50 min

[DELUXE] BEAUTY PEDICURE WITH PEELING AND PACK € 55,00

Complete beauty treatment for the nails including styling, cutting, cleaning, peeling, nourishing mask and massage. 50 min





[EXTRA] CARE FOR MANICURE AND PEDICURE

€ 20,00

Moisturing treatment with paraffin against dry skin.

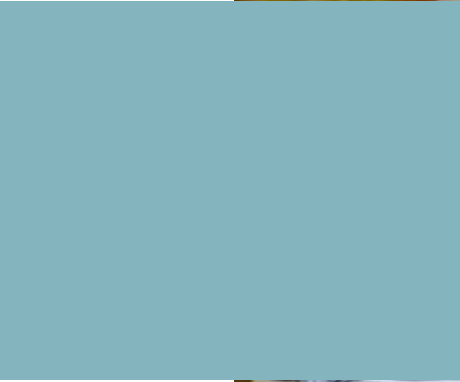
SOLARIUM

SOLARIUM BED

€ 15,00

Prepares and extends the sun tanning, promotes circulation, stimulates melanocytes and fixes calcium in the bones. (Low pressure on the body, high pressure on the face).

16 min









EPILATION

TOTAL (leg, bikini and armpit)	FROM € 55,00
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FULL LEG (leg and bikini)	FROM € 45,00
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PARTIAL LEG	FROM € 30,00
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HALF LEG AND BIKINI LINE	FROM € 35,00
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BIKINI	FROM € 15,00
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ARMPIT	FROM € 15,00
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UPPER LIP AND CHIN	FROM € 9,00
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EYEBROWS	FROM € 9,00
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ARMS	FROM € 20,00
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MALE CHEST	FROM € 40,00
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EYELASH AND BROWS COLOURING	FROM € 30,00
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REGULATION

RESERVATION The access to our Wellness-Center Laguna is only for a limited number of guests. Your reservation in advance is appreciated.

CANCELLATION In case of cancellation of already booked treatments, will you please inform us at least 5 hours before. Otherwise the corresponding amount will be charged.

MOBILE. The use of mobile phones is in the Wellness-Zone not allowed

RESPONSIBILITY Will you please inform our Wellness Operators about your health condition, possible pregnancy or medicine taking. The use of fitness-devices is under your own responsibility and risk. The same is valid for the SPA-treatments.

JEWELS & CO In the changing rooms there are lock cabinets available for your articles of value. The staff is not responsible for money loss or value things.

FOOD AND ALCOHOLIC BEVERAGE. Food and alcoholic beverage are not admitted.



ACCESS BEAUTY AND SPA AREA

- **OPENING HOURS AREA BEAUTY**
Every day from 09:00 a.m. to 20:00 p.m.
- **SPA-CENTRE**
Pools from 08:00 a.m. to 20:00 p.m. Sauna und Turkish bath from 10:00 a.m. to 20:00 p.m.
- **CHILDREN**
Children up to 14 years are from 08:00 a.m. to 15:30 p.m. only under supervision of one parent or adult admitted.
- **POOL DIMENSIONS**
Length 20m - Width 8,5 m
DEPTH 1,40m - **TEMPERATURE** 32° C
- **MEDITERRANEAN SAUNA**
Temperature 50-60°/Humidity 40-45%.
- **FINNISH SAUNA**
Temperature 85-90°/Humidity 15-20%
- **STEAM BATH**
Temperature 48°/Humidity 100%



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Emotions are forever

